

**CITIES &  
MENTAL  
HEALTH**



**CALL FOR CONTRIBUTIONS**

**NICE**

INTERNATIONAL CONFERENCE | 3<sup>rd</sup> EDITION

**12 - 13 NOV. 2026**

Mediterranean University Center



VILLE DE NICE

# HOW CAN CITIES BECOME PLACES OF CONNECTION, RECOVERY AND MENTAL WELL-BEING?

Following the editions held in Nantes (2022) and Lausanne (2024), the City of Nice will host the third International Conference on **Cities and Mental Health on 12 and 13 November 2026 at the Mediterranean University Centre** (Centre Universitaire Méditerranéen).

Mental health is shaped not only by individual factors but also by the environments in which people live, work, learn and connect. Cities therefore play a crucial role in promoting mental health, supporting recovery and reducing inequalities.

Urban planning, access to nature, housing, culture, sport, environmental quality, social inclusion, citizen participation and opportunities for connection all contribute to mental well-being and quality of life.

This conference aims to bring together researchers, professionals, public authorities, community organisations and people with lived experience to explore how cities can foster mental health, social inclusion, recovery and collective well-being.

## AN OPEN CALL FOR DIVERSE CONTRIBUTORS

**This call for contributions is intentionally open to a wide range of participants, including:**

- Researchers and academics
- Local and regional authorities
- Health, social care and community professionals
- Associations and non-profit organisations
- People with lived experience of mental health conditions
- Family members, carers and supporters
- Cultural, sports and environmental stakeholders
- Urban planners, architects and designers
- Students
- Citizen-led initiatives and community groups

**Submissions may take various forms, including:**

- Research presentations
- Practice and experience reports
- Innovative projects
- Local initiatives
- Pilot programmes and experiments
- Collaborative presentations bringing together professional, academic and lived experience perspectives
- Participatory approaches
- Artistic and cultural initiatives
- Transferable tools or methodologies

**The objective is to value scientific knowledge, professional expertise and lived experience knowledge equally.**

## CONFERENCE THEMES

- 1. Urban Planning, Architecture and Nature**
- 2. Urban Environment, Ecology and Ecosystems**
- 3. Culture, Sport and Social Connections**
- 4. Vulnerabilities**

**Selected oral presentations will be delivered during parallel workshop sessions on the morning of Friday, 13 November 2026.**

## PRESENTATION FORMATS

We encourage accessible and flexible formats.

Contributions may take the form of:

- An oral presentation (15 to 20 minutes) presenting a project, an initiative, practical experience, research findings, tools or methodologies.
- A poster presentation showcasing a project, study, programme or initiative.
- A short podcast or video presentation (up to 5 minutes) highlighting an experience, testimony, project or innovative practice.
- An artistic contribution, including creative approaches that explore the relationship between cities, mental health and well-being.

The conference welcomes both scientific and practice-based contributions, as well as experiential, participatory and creative approaches.

## SUBMISSION GUIDELINES

Individuals or organisations wishing to contribute are invited to submit:

- A title
- A summary of the proposed presentation or project (maximum 250 words)
- The preferred presentation format
- Names and roles of the presenter(s)
- Contact details of a lead contact person

No strict academic format is required.

Participants do not need to provide a bibliography or a formal scientific abstract to submit a proposal.

## THE SCIENTIFIC COMMITTEE WILL PAY PARTICULAR ATTENTION TO:

- The quality and relevance of the proposal
- Diversity of perspectives and disciplines
- Meaningful involvement of people with lived experience of mental health conditions
- The inspiring, innovative and transferable nature of the initiative presented

## TIMELINE

- Opening of the Call for Contributions: **June 2026**
- Submission Deadline: **15 September 2026**
- Notification of Acceptance: **30 September 2026**
- Presentations: Friday morning, **13 November 2026**

## LANGUAGES

Proposals may be submitted in either French or English.

Presentations may also be delivered in French or English.



VILLE DE NICE

## CONTACT AND SUBMISSION

[colloquevillesetsantementale@nice-nice.fr](mailto:colloquevillesetsantementale@nice-nice.fr)

## FURTHER INFORMATION

*The detailed programme, registration information and practical details will be available soon on the conference website.*